

GAMES / INVASION GAMES / STRIKING AND FIELDING

Beginning	Emerging	Developing	Exceeding	Mastery
I can stop a ball with basic control	I can stop / catch a ball with control	I am beginning to influence opposed conditioned game	I can control and catch a ball & accurately pass whilst moving	I can control movement with a ball in opposed situation whilst moving
I can send a ball in the direction of another person	I can pass a ball to someone else	I can control and catch a ball with movement	I can take part in conditioned game with understanding of tactics & rules	I can combine accurate passing skills / techniques in game
I can take part in sending and receiving	I can take part in opposed conditioned games	I can accurately pass to someone else and move with a ball (unihoc / football)	I can move with a ball in opposed situations (unihoc / football)	I can advise and help others in their techniques in a game
I can talk about exercising, safety & short term effects of exercise	I understand about exercising, safety & short term effects of exercise	I can talk about reasons for warming up / why exercise is good for health	I understand / use principles of warm up & why exercise is good for health	I understand & explain short term effects of exercise, warming, cooling